## Church: Living in the Household of God (1 Timothy 5:1-16) For the week of November 20, 2016

## Spiritual Disciplines = Spiritual Maturity

Spiritual disciplines are those personal and interpersonal activities given by God in the Bible as the sufficient means believers in Jesus Christ are to use in the pursuit of godliness. They are the habits of devotion that have been practiced by God's people since biblical times.

- Describe a godly person you know who has reached spiritual maturity through discipline. Which spiritual disciplines has he/she practiced regularly?
- When we practice the spiritual disciplines with the goal of godliness in mind, our discipline has direction. Jesus is our example of discipline. Look up these verses: Matthew 4:12; Luke 2:46-47; John 13:2-6; 17:4. What does each say about Jesus and His pursuit of the spiritual disciplines?
- 1. Read 1 Timothy 5:1-16 as a group. What are the key themes in this passage?

## 5:1-2

2. How should believers treat older men, younger men, older women and younger women?

3. How can you offer correction to someone in ways that are clear but also affirm the other person as a member of God's family?

## 5:3-16

Paul speaks about the care of widows. In a world without any form of state-led welfare, the church from the very beginning took upon itself the task of caring for those with nobody to look after them and no means of supporting themselves. This meant, in particular, widows. In the ancient world, women whose husbands had died often faced total destitution. Often, when a person became a Christian, their own family would disown them. The church faced the task of living as an alternative family.

4. What problems is Paul trying to avoid by going into such detail on how to care for widows?

